Nowadays more people want to live by themselves what are the reasons? Is it a positive or negative trend?

In recent years more and more people are choosing to live alone which is a growing trend and there are some reasons for it. However, it has some downsides too.

On the one hand, there are so many advantages for living alone. First of all, people who choose to live alone can enjoy more freedom **meaning/**which means there is no one to restrict them, so they can choose everything for their own habits. For instance, they can invite their friends or family members over whenever they want. Secondly, by facing the challenging life issues on their own, not only~~,~~ will they be more resistant ~~toward~~ **to** problems, but also~~,~~ they will become more mature. Moreover, individuals who live by themselves, will be able to manage their finance and will spend their money more wisely and as a result they will become more independent.

On the other hand, this movement has some disadvantages. Boring life and loneliness are the worst consequences of living alone. When people decide to live on their own, it is very common to feel bored. Coming to an empty home where there will be no one to greet them and make them a cup of tea, they will start to feel lonely and depressed. According to a research which was carried out in Finland, people who are living by themselves are 80 percent more prone to depression.

To sum up, even though living alone has some advantages, I strongly believe that its drawbacks outweigh the benefits and **so** it is a negative trend.